July - Cahill Senior Center

MON	TUES	WED	THURS	FRI
3 •8:30am Shopping Spree to IKEA •12pm—TCAA lunch—Independence Day Celebration ~ Chicago style hot dogs, tater tots, creamy cole slaw, fresh fruit •1pm BINGO	4 CENTER CLOSED Happy 4th of July!	5 •11am FREE Movie Firewall (PG-13)	6 •12pm—TCAA lunch— Monterey chicken breast, brussel sprouts, green & wax beans, wheat bread, fresh bananas	7 •10am Pool Tournament •1pm BINGO
•8:30am Shopping Spree to CHANDLER MALL •12pm—TCAA lunch—Salisbury steak with gravy, mixed veggies, broccoli cuts, wheat roll, sliced peaches •1pm BINGO	11 •10am Conversational Spanish •10am Needlework Club	•11am FREE Movie Rumor Has It (PG-13)	13 •12pm—TCAA lunch— Baked ham, green beans, fresh yams, whole wheat roll, fresh fruit	14 •10am Pool Tournament •1pm BINGO
•8:30am Shopping Spree to ARIZONA MILLS MALL •12pm—TCAA lunch—Spaghetti & meat sauce, chopped spinach, mixed veggies, garlic bread, sliced pears •1pm BINGO	18 •10am Conversational Spanish •10am Needlework Club	19 •11am FREE Movie Glory Road (PG)	20 •12pm—TCAA lunch— Home style meatloaf, carrots & celery, baked potato halves, whole wheat bread, cinnamon baked apples	21 •11 am CHRISTMAS IN JULY - turkey sandwich, potato salad, pickle, strawberry shortcake •1pm BINGO
24 •12pm—TCAA lunch—Lemon chicken, citrus scented rice, steamed broccoli, sliced carrots, whole wheat bread, birthday cake •1pm BINGO	25 •10am Conversational Spanish •10am Needlework Club	•9am-Breakfast & Games pancakes, whip cream, syrup, fruit toppings, bacon, juice, coffee •11am FREE Movie World's Fastest Indian (PG-13)	•12pm—TCAA lunch— Bacon wrapped chicken breast, brussel sprouts, green & wax beans, wheat roll, peach halves	28 •10am Pool Tournament •1pm BINGO
 31 10am Ornament decorating craft 12pm—TCAA lunch—Chicken fried steak, country mashed potato, glazed carrots, whole wheat roll, pineap- 	We hope you are enjoying your summer!			

ple tidbits
•1pm BINGO